



5th and 6th Grade Aitkin Football

Our mission is to develop a 5th and 6th grade football program that welcomes and values every player while building skills in a safe, age-appropriate, and positive environment.

Mini Camp

Varsity football players will assist the 5th and 6th grade football coaching staff.

Offensive Night

- Develop proper execution of core offensive plays
- Understand each position's alignment, responsibilities, and assignments

Defensive Night

- Emphasize player safety through Heads Up Tackling techniques
- Practice defensive stance, alignment, and pursuit fundamentals

Mini Camp Dates	Event	Time	Place
Monday, August 17	Equipment Issue	5-7 P.M.	Equipment pass out is at the equipment shed by Woock High School Baseball Field, across from City Park
Tuesday, August 18	Equipment Issue	4-5:30 P.M.	For those who are unable to make it Monday night
Tuesday, August 18	Offensive Night	6-8 P.M.	➤ Drop off child at equipment shed ➤ Practice behind Rippleside ➤ Pick up child at equipment shed
Wednesday, August 19	Defensive Night	6-8 P.M.	➤ Drop off child at equipment shed ➤ Practice behind Rippleside ➤ Pick up child at equipment shed

Tackle Football

Game schedule T.B.D. but will be PRIMARILY during the week this season.

Dates	Times	Place	Cost	Registration
Tuesdays and Thursdays Until MEA Break	After school to 5:30 P.M.	➤ Walk to equipment shed together ➤ Practice behind Rippleside ➤ Pick up at equipment shed	\$40.00	Online through Community Ed A Physical is Required

Meet the Coaches

Tom Sanford coached the varsity football team for Aitkin from 2013-2016 and had coaching stops at Brainerd, Central Lakes College, and Pequot Lakes as well. He retired last spring after 35 years of teaching American History.

Landon Janzen was a 2 time letterwinner at St. Cloud Tech where he played college baseball for the Cyclones. As the Head Basketball Coach, he led Aitkin to 20 wins last season.

Gus Sanford was a 4 time letterwinner at Dakota State University where he played H-Back for the Trojans. Gus was recently added to the Aitkin High School teaching staff where he will also coach basketball.

Landon and Gus played football, basketball, and baseball together from elementary school through their senior year of high school. Highlights include finishing 2nd in Section 7AA football, 3rd in the Baseball State Tourney, their senior season of basketball, and the lessons learned and memories made along the way.

Contact Tom Sanford at 218-251-3600 with questions.